



CARER IDENTIFICATION FORM

This sheet is to be completed by the carer and handed back to a member of staff

You have been given this Carer Identification Form because you may be a carer.

Definition of a carer: a carer is a person of any age who provides care for someone with a long-term illness, mental ill health, addiction, disability or frailty, who would not be able to care for themselves without support. A carer may live with, or apart from, the person they care for.

Please tell your GP Practice you are a carer. Your practice will then:

- give you information about support available to carers;
- know about your caring responsibilities if you are unwell yourself;
- know about the risks to your health from caring, and offer you a flu vaccination and/or other support;
- offer you more convenient appointments, so that you can manage your caring responsibilities while still looking after yourself.

Name of carer:
Carer's date of birth: (DD/MM/YYYY)
Name of GP practice where the carer is registered:
Where does the cared-for person live? (Please tick one of the following):
BCP Council area: ☐ Dorset Council area: ☐
Other: (Please state area)
Do you consent to your GP practice making a referral to CRISP / Carer Support Dorset (depending on the area in which you live - details of these services overleaf) on your behalf for further support in your caring role? Please tick to confirm you give consent: □

The information you give on this form is strictly confidential to the GP practice. It will not be passed on to other agencies without your prior permission.





CARERS INFORMATION SHEET

This sheet is to be kept by the carer for their information

Carers information services

Two main carers information service organisations provide a gateway to all other services that are available to you to support you in your caring role. In order to register with the appropriate one and discover what support is available, please call the relevant number provided below. If you prefer, you can give your GP practice permission to make a referral on your behalf by completing a Carer Identification Form, and ticking the box near the bottom of the form.

If you are a carer and the person you are caring for lives in the Bournemouth, Christchurch and Poole (BCP) Council area:

If you are a carer over 18yrs old - Carers' Resource Information and Support (CRISP)

Tel: 01202 128787

Website: www.crispweb.org

Email: carersupport@bcpcouncil.gov.uk

If you are a carer under 18yrs old - Children's First Response Hub

Tel: 01202 123334

Email: childrensfirstresponse@bcpcouncil.gov.uk

If you are a carer and the person you are caring for lives in the Dorset Council area:

Carer Support Dorset

Tel: 0800 3688349

Website: www.carersupportdorset.co.uk Email: admin@carersupportdorset.co.uk

Ask to speak to the GP practice's carers lead if you need further advice or help.